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Yoga Unveiled is a breathtaking journey of sight and sound that illuminates the essence of yoga as its creators understood it thousands of years ago.

#### Yoga Unveiled: The Evolution and Essence of a Spiritual

Jennifer DeCurtins is a fitness instructor, personal trainer, yoga teacher and creator of the popular blog PeanutButterRunner. She also holds a 200-hour registered yoga teacher certification through Yoga Alliance and teaches hot yoga, power yoga, and vinyasa flow yoga at several studios in Charlotte, NC.

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Redesign of professional health education is necessary and timely, in view of the opportunities for mutual learning and joint solutions offered by global interdependence due to acceleration of flows of knowledge, technologies, and financing across borders, and the migration of both professionals and patients.

# Health professionals for a new century: transforming

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